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SPECIAL POINTS OF INTEREST:

- **Braden Norris** signed his LOI to Oakland
- **Isaiah Speelman** signed his LOI to Cedarville
- **Check out our schedule on the new website!**

QUOTE OF THE DAY:



CLIMB THE MOUNTAIN

As we approach our 4th season here at Hilliard Bradley, we have chosen a theme to help motivate us through this year. "Climb the Mountain". There are many challenges when someone decides to climb any mountain let alone the highest and toughest mountain. We will not just land on the top of the mountain. It will be a process. We must embrace the journey and process needed to climb our mountain.

Mt. Everest is the highest and most challenging climb of them all. Less than 30% of people succeed in their attempt to summit Everest.

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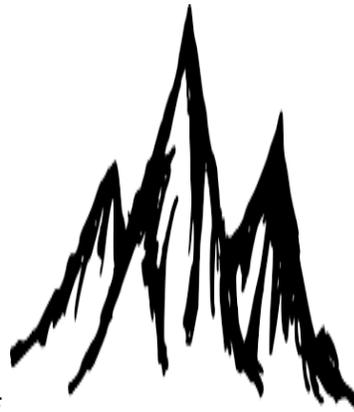
<https://goo.gl/forms/7VCdQIZzAcPGecSC2>

Any Questions, Please contact Zach Ross (zach_ross@hboe.org)

Orders can be picked at HS through Derek Dicke (derek_dicke@hboe.org) or at MS

5% of people who attempt the climb die from the mountain. With all these risks and challenges, why pursue such a climb?

"It brings into focus what's important to you"



"There are a thousand reasons to turn around

and only one to keep going. You really have to focus on the one reason that's most important and unique to you"

"It forces you to look deep inside yourself and figure out if you really have the physical, as well as mental, toughness to push when you want to stop,"

We will push ourselves like never before. We will do it with Passion, Grit, and Honor. We will do it Together. We will "Climb the Mountain"!





“What are you willing to give for something you have never had?”

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TAKING OWNERSHIP

Former Navy SEAL commanders, Jocko Willink, the most decorated special operations unit of the Iraq War, and Leif Babin, platoon commander, took what they learned on the battlefield and brought it to the business world with their management consulting firm, Echelon Front, in 2010. Their 2015 book, "Extreme Ownership," became a New York Times best-seller.

"The biggest takeaway that you can have from this is looking yourself in the mirror and thinking, 'Where can I do better?'" Babin explains. **"Taking ownership instead of blaming others, finding excuses, or maybe even denying that problems exist ... And a lot of that is about checking your ego."**

Willink has said many times on his podcast that even though he can isolate and teach this concept of extreme ownership, it's something he will still occasionally fail to practice, and **it takes effort and practice to make it an instinct.** He has noted that when he does fail to follow his own philosophy — even if for a fleeting moment, the way most people do at one point or another — he has at least trained himself to feel as if something's off when he makes a reactionary excuse, so he can quickly correct it.

"Leadership is hard," Willink says. "It's a skill. It's a technique."

Nobody is going to suddenly transform into the ideal leaders because we studied leadership for the whole day, in the same way someone who took a couple of guitar lessons couldn't suddenly play like Jimi Hendrix. But he did say we should focus on the fundamentals and keep them in mind.

"And then you can go back into your world, you can continue to try and develop what you learned, and you can absolutely improve your leadership competency and capability," he said.

BE ELITE

The 10-80-10 rule is explained by Focus 3 founder, Tim Kight.

10% of people are not willing to do what is necessary to win. They are not willing to engage in winning behaviors or habits.

80% of people are AVERAGE. They are good but not great or ELITE.

10% of people are willing to engage in consistent behaviors that allow them to grow as people.

Pathway to ELITE: Better today than you were yesterday and better tomorrow than you were today!

