

OFF-SEASON TRAINING!

(Advanced wrestling techniques, skills and strength training)

Michael Bakuckas and the HWC Staff invites current 5th graders on up to...

H A M M O N T O N WRESTLING — CLUB —

When: April 4, 2018 to June 12, 2018
Mondays & Wednesdays
7:00pm to 8:30pm

Where: Hammonton High School
566 Old Forks Rd., Hammonton, NJ 08037

Cost: All sessions for \$25 total! Other schools are welcome.
Must Have a USA Wrestling Card.
If you do not have a card, purchase at <https://www.usawmembership.com>
At the first practice take your registration form, USA Wrestling Card and payment (cash or checks payable to the Hammonton Wrestling Club). You will not be able to enter without these 3 things.
Email HammontonWrestling@yahoo.com with any questions.

Name: _____

Address: _____

Home #: _____ **Cell #:** _____

Email: _____

DOB: _____ **Grade:** _____

School: _____

Emergency Contact -

Name: _____

Home #: _____ **Cell #:** _____

*** Must Have a USA Wrestling Card #:** _____

WAIVER OF LIABILITY

I _____ (Parent or Guardian), hereby give permission for _____ (Child's Name) to participate in wrestling activities with the Hammonton Wrestling Club. In doing so, I fully understand that I will not hold the authorized coaches, club officers and representatives, or the Hammonton Wrestling Club liable for any injury or illness occurring while _____ (Child's Name) is participating in or going to or from any and all activities of the Hammonton Wrestling Club.

Signature of Parent or Guardian

Date



www.HammontonWrestling.org