

Club Volleyball 101

Synergy Volleyball Club

January 7, 2018

Topics Covered

- Positions/Playing Time
- Rotations
- Tournament Formats
- Tournament Policies
- Expected Behavior
- Hotel Policies

Positions/Playing Time

- In volleyball, there are specific positions:
 - Setter, Outside Hitter, Middle Hitter, Right Side Hitter, Libero, Defensive Specialist
- Players are assigned their positions by coaches based on individual talent and team needs
- Players are guaranteed 33% playing time at National/Travel and 50% playing time at Regional based on their position during pool play
- Playing time is NOT guaranteed to be equal between players– there will be some players that play 100% of the time based on their position and contributions to the team

Rotations

- A team rotates every time the serve switches from one side to the other
- There are 6 spots on the court, meaning each spot has to rotate 6 times to make it all the way around
- Some players will be designated as front row only, others are back row only
- This means that those players will play 3 rotations at a time then sit for 3 rotations
- This does NOT mean they are playing 50% of the time because their position only plays 3 of the 6 rotations

Single Day Tournament Structure

- Tournament schedules are not announced until a few days prior to each event
 - We will send out schedules as soon as we receive them
- Tournaments typically begin with round robin pool play then transition into a playoff bracket
- Single day tournaments typically begin between 8:00-9:00 am
 - Pool play typically ends around 3:00 pm, playoffs end around 6:00 pm
- Most sites will have concessions stands but some will not
- Some sites may charge for parking and/or admission

Multi-Day Tournament Structure

- Multi-Day tournaments typically utilize a wave scheduling format
 - Some teams will play in the morning/afternoon, others in the afternoon/evening
- Waves are often released before the official schedule is released
- The schedule for the 2nd and/or 3rd day of the tournament will not be known until the 1st day is over
 - The schedule is dependent upon how a team finishes on the previous day
- Teams typically play in the morning on the last day of the tournament

Tournament Policies for Players

- Players must arrive at the time designated by the club/coaches
- Players cannot leave until all work assignments have been fulfilled and the coach dismisses the team
- Players must have all uniforms/warm ups/balls with them during every phase of every tournament
- Players must wear Synergy gear throughout all tournaments
- Players cannot wear flip flops/sandals during work assignments
- Players cannot have their phone with them during games or work assignments

Tournament Policies for Parents

- Parents are not permitted to “boo” another team– any vocal reactions from the parents should only be positive in support of their team
- Parents are not permitted to criticize the work crew– this includes the ref, down ref, line judges, score keepers and score flippers
- Parents are not permitted to approach a coach about playing time or coaching decisions during a tournament
- Parents are not permitted to individually criticize Synergy players that are not their own during a tournament
- Parents are not permitted to have non-positive verbal exchanges with other teams/parents during a tournament

Hotel Policies

- Some multi-day tournaments follow a “Stay to Play” Policy
- This means that we must book hotels through the tournament, often with a minimum night requirement
- Parents are NOT permitted to book hotels on their own through other sources
- Our teams can be kicked out of tournaments if we are caught booking through other sources
- Hotels requirements are still in effect after waves are announced
 - Example: If the team is in the PM wave on the first day, hotel requirements are still in effect for the night before

Summary

- Positions/Playing Time
- Rotations
- Tournament Formats
- Tournament Policies
- Expected Behavior
- Hotel Policies
- Questions?