



# **FAST-TWITCH**

## **SPORTS PERFORMANCE**

**EXCLUSIVE OFFER ONLY FOR**

# **BELLBROOK**

## **WEE EAGLES**

[REGISTER NOW](#) FOR THIS 2 MONTH UNLIMITED TRAINING PROGRAM  
STARTING JUNE 1<sup>ST</sup> THROUGH JULY 27<sup>TH</sup>

**Cost: ONLY \$120/month EXCLUSIVELY for Bellbrook Wee Eagles  
(Normally \$200/month) – [REGISTER NOW](#) & Use Promo Code: BB2018 at Checkout  
*(Offer Expires June 10<sup>th</sup>)***

### **Training Schedule**

M-F 10-11:30am

M-Th 6-7:30pm

*Membership is UNLIMITED, Come Whenever You Can*

- **Each 90 minute session will devote time developing foundational strength specifically tailored for young athletes and explosive speed and agility**

### **Program Goals:**

- Develop Explosive Power
- Improve Core Strength
- Increase Linear Speed
- Maximize Agility & Lateral Movement
- Gain Better Footwork, Balance & Flexibility

**Limited amount of spaces available – [REGISTER NOW!](#)**

[Click to REGISTER NOW](#) and Use Promo Code: BB2018 for Discount *(Offer Expires June 10<sup>th</sup>)*

*\*Only pay \$120 at time of sign up – an autodebit will run for all future payments from credit card on file*

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**www.FastTwitchSP.com**