

## NSPL Rebels

2016-2017

### Fastpitch Travel Team – Tryout Info

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The 2016-2017 NSPL Rebels Fastpitch Travel teams will play in the Del-Val Softball League. The team's Home field will be at the NSPL Troop Fields. The Del Val League has been in existence for over 20 years and is an organization that allows teams from the Delco area to compete against each other. Last year's teams included teams from Havertown, Drexel Hill, Prospect Park, Aldan, Brandywine, Norwood, Aldan and Glenolden.

The NSPL league is hoping to have a U-10, U-12, U-14 and U-16 travel team. The goal is to have one A team in each division and if there are enough girls trying out, possibly having a second team, which would play in the Del Val B Division. The determination of how many teams and the level, will be determined after the tryouts.

The A division is a very competitive division. There is pitching by the girls for the entire game. There is bunting, stealing, drop third, and infield fly. The game is played based on ASA (Amateur Softball Association) rules. The B division is also competitive and provides the girls with good competition in the area.

Any girl wishing to be part of a NSPL Rebels team for the 2016-2017 seasons will need to commit to the following: Commit to being part of a team, attend practices as they are held, beginning in October 2016 and ending in July 2017 ( note: when practices start and how often will be up to the respective team's coach, so practice start times etc. will vary by team), provide 100% effort at every practice and game, and show respect to their Coaches and teammates at all times. The Coach of each team will determine if a girl playing on another tournament team, can also play on the Rebels team. In addition to the commitment required to the Rebel's team, there are certain rules in the Del Val league that limit the number of tournament players allowed (2) on each team. Also if the Rebel team is playing in tournaments sanctioned by the same organization that the other tournament team plays in, double rostering would not be allowed.

To be eligible to play in the U-10, U-12, U-14, U-16 divisions, the player must be age 10, 12,14, or 16, respectively, or under, as of 12/31/16. (note: girls can also tryout for an older team if she believe they can play at that level).

In order to tryout, you will be asked to complete a player profile and sign a waiver at the time of the tryout. You will NOT need to register and pay the league fee until after your child makes a team and agrees to play for the Rebels.

Any Parent wanting their daughter to play on the 2016-2017 team should know the following:

- Each team will carry at least 12 girls, but the final number will be determined by the Head Coach of each team. Depending on the number of kids trying out for each team, there could be cuts. Trying out does not guarantee your daughter a spot on the travel team.
- The goal of each team will be to begin practices in the fall/winter and practice throughout the winter and into the Spring so that the Girls are ready to start the Season in April. The goal of the NSPL travel program is to have the girls practice throughout the fall/winter/spring but still encourage their interests in other sports. We are big proponent of the girls playing other sports.
- The goal of the team will be to have the girls learn as much about the game as possible. The girls will learn how to field, throw, run, hit, slide and to play the game the right way.
- During the winter months, (Jan to March) there could be batting practice one night during the week and a full team practice another day. This will depend on the Coach. Those who are pitchers need to find time to practice/take lessons, in addition to normal practice times.
- It is expected that all girls come to every practice; however school is most important and takes precedence over softball. In non-softball season, girls playing in that season's sports for which they have practice or games should go those events,
- Once March 1<sup>st</sup> arrives we begin to have longer practices and as this begins softball season, **we expect the girls to make softball the priority over other sports. For girls who also play softball in-house at NSPL, NSPL in-house games take priority over Travel practices.**
- The season begins in April and goes to mid-July. If you vacation in June or early July, there will be conflicts. This past season didn't end until July 10. It is important that the coach has your commitment as Parents that your daughter will be available until the season is over. The majority of Del Val games are played on a weeknight. As mentioned the games are generally local: Havertown, Drexel Hill, Nether Providence and Prospect Park. The U14 & U16 teams could play on a Sunday afternoon.
- Each team may also play in 2 or 3 tournaments, which generally are on a weekend. We expect each player to be at these weekend tournaments.
- It is very important to note that travel is very competitive and playing time will not be equal for all girls. Playing time is determined by the Head Coach .
- The fees to play on the team could be as high as \$400 to \$500. This includes the cost that NSPL charges of approximately \$250. There is an additional cost of approximately \$100 for the girl's uniforms (2). Additional cost could include Batting Cage fees, tournament fees etc. These fees will be divided between the number of players.
- **Parents of travel players are expected to volunteer for snack bar duty, field duty etc. for our League's snack bar and fields.**

- The girls will need the following during the season:
  - Glove – 12 in to 12 ½ size
  - Cleats
  - Sliding shorts
  - Slider pad
  - Softball bag – to be discussed
  - Helmet with a cage – to be discussed
  - Face mask – (it is mandatory by league that all infielders wear this)
- COMMITMENT – Playing for the NSPL U-12 team requires commitment by both the Player and the Parents. The team expects each player to be at all or most of the practices and at every game. The season will not end until mid-July so please take this into consideration.
- Please see the attached document for tryout dates and times for each division.