

OHIO XTREME AAU **BASKETBALL**



Club Handbook

Ohio Xtreme Athletic Club

Ohio Xtreme Athletics was established in 2006. We started with two girls' AAU basketball teams and have steadily grown to over 15 teams. We started our volleyball program in 2009 with 5 JO Volleyball teams and now have 16. Since 2006 we have won a National Championship in girls basketball. Finished at the top in OVR for JO Volleyball. As well as competed in the largest basketball and volleyball exposure events in the country.

Mission Statement

The foundation of the program is a commitment to teaching fundamental skill development and knowledge of the game. The Ohio Xtreme will strive to enhance your athletic experience and love for the game within an environment of positive reinforcement and fun. We work hard with our athletes to help them achieve all of their athletic goals.

Our program is not just a loose collection of individual teams, but a true athletic program in which teams get to know each other and support each other, on and off the court. We believe that we have a club concept that is very unique in our region.

Our number one goal is to have each athlete reach their upmost potential while teaching skills such as teamwork, dedication, and other values that will enhance them not only as players, but as people. Remember, the true success of the season is not determined only by wins and losses, but by the measurable improvement of the players in their skills, knowledge, and love for the game.

Staff and Coaches

The Ohio Xtreme Athletic Club not only works hard with our athletes, we also work hard with our coaches. All coaches will go through extensive advanced training before and during the season.

All of our coaches will be trained and mentored by our senior coaching staff. All practice plans will be created by the senior coaching staff and executed by the team head coaches. Our coaches will be continuously monitored and mentored. Our practices will have purpose, not just throwing a ball out there and having the kids play. All practices will be a progression of the last practice. Our main goal is that each player is noticeably better by the end of our season.

Facility

Ohio Xtreme will practice at the Akron Sport Center. This is our facility.

Club Website

Ohio Xtreme's website is www.ohioxtreme.com. The website will be the center of all club communications. The website will contain rosters, tournament schedule, game times, tournament locations, match recaps and more.

Tryouts

All though many of our players are hand selected, there may be instances where we have a tryout session. All tryouts will be administered by Ohio Xtreme's senior staff members. All teams and positions are chosen by qualified, experienced coaches. Teams and positions are not pre determined to any athlete before tryouts.

All players and parents that commit to the club will be required to sign a player contract stating that they choose to play and understand the fee structure and rules of the club.

All athletes who participate in tryouts will be notified of player selections within 3 days.

Teams

Teams within the club are characterized by grade. All teams will practice 2 times during the week and will play in tournaments on the weekends. Tournaments typically start the first weekend in April and finish by the first weekend in June. Teams will play in at least 5-8 tournaments between April and June with at least one off weekend. However, National and Exposure events are typically in Mid June and July for teams the teams that qualify.

Athletes will be notified at the beginning of the season as to which team they belong. Ohio Xtreme reserves the right to move athletes from one team to another if needed during the season.

Practices

Practices will be held on weekday nights. The two practices concentrate on individual skill development and advanced technique training as well as team development.

Players must notify the coach one week in advance if they cannot attend practice. Practices are a crucial part in player and team development. Ohio Xtreme expects a firm commitment from our athletes to attend all practices.

Financial Commitment

Team finances are based off of 9-10 players per team. Players and parents are committing to their part of the team's cost. Fees cover gym time, uniforms, equipment, tournament fees, registration fees, administration and coaching stipends. Fees do not cover travel expenses including lodging and food.

Players will not be allowed to participate in any Ohio Xtreme activity if their fees are not current with the club. All club dues are non refundable.

Multi-Sport Athletes

Ohio Xtreme expects its athletes to be committed to the club. Athletes may participate in spring sports as long as it doesn't interfere with Ohio Xtreme practices and tournaments. Again, Ohio Xtreme expects athletes to attend all practices.

Playing Time

All athletes will receive skill instruction and advanced training during practices. However, equal playing time in games is not guaranteed. The club encourages coaches to find playing time for all athletes but the coaches have the right to play specific players during games for strategic or matchup reasons.

Player Behavior

All athletes of Ohio Xtreme are expected to act with respect and class to coaches, teammates, opposing teams and coaches, referees, and fans. Ohio Xtreme Athletics has a reputation of being a class organization and will demand that it stays like that.

Insurance

As with any sport, basketball is a physically demanding sport that sometimes leads to injury. All athletes sign a waiver to release liability of the club in case of injury or accident. In addition, AAU supplies supplemental insurance to your major medical insurance in the case of injury or accident.

Parent Involvement

Parents are encouraged to be involved with their child's team. Parents can help in a variety of ways. Teams can use score keepers, chaperones, videotaping, etc.

Grievance Process

In the event of a conflict or dispute with Ohio Xtreme, the athlete should follow these steps in getting resolution:

1. The player should address the issue with the team coach before or after practice in private. *If no resolution is made:*
2. The player and player's parents should address the issue with the team coach before or after practice in private. *If no resolution is made:*
3. After a 24 hour "cooling down" period, the player, player's parents, and coach will schedule a meeting with the Club Director. The Club Director's decision is final.

Spectator Behavior

Spectators are encouraged to support all of our athletes, teams, and coaches. However, it is inappropriate to coach players from the stands, harass officials, coaches, and tournament directors. As a spectator, you are representing Ohio Xtreme Athletics.

Disciplinary Action

Reasons for disciplinary action include tardiness, unexcused absences, poor attitude, and any violation of the AAU and/or OHSA Code of Conduct. Disciplinary action can include loss of playing time to expulsion from the club. Disciplinary action will be decided upon by our club directors. All club dues are non refundable.