



2016 Startown Baseball

Meet your Head Coach: Eric Fickling

Hi, my name is Eric Fickling. I want to thank you for allowing me the opportunity to coach and teach your son the game of **BASEBALL , GOOD SPORTSMANSHIP**, and how to be a part of a **TEAM**. I have been coaching at Startown for 7 years. I am married to Tammy Fickling and we have 3 sons and a daughter. Two of my sons play on this Team. They are Luke and Ross Fickling.

My coaching philosophy is to teach the game of baseball by practicing hard, playing hard and learning along the way.

My expectation for your son is to have a good time while learning the game of baseball!

My goal is for your son to improve throughout the season!

I will keep parents informed of practice times and field location via text. If this is not the best way for you to be reached, please talk with Tammy to provide her with good contact information.

If for some reason you have a question or concern, please feel free to talk with me one on one. I will be more than happy to address your concerns and answer any questions that you may have.



Coach Eric Fickling

828-216-9940

efpro1@gmail.com

or

Tammy Fickling

704-913-3421

tamfickling@gmail.com

Need to Know Information

Players will need the following equipment:

1. A Cup
2. Baseball Glove
3. Bat (we will have bats that players may use)
4. White Baseball pants
5. Red socks
6. Cleats

Our Team Colors are Red, Black and white....

The players will be allowed the opportunity to decide what they want the Team name to be. So players, come up with your ideas and we will take a vote.

www.startownoptimist.org

Important Upcoming Dates

April 9, 2016:

STARTOWN FAMILY JAM DAY
at Startown Optimist Park
11:00am until weather permitting.

Practice Days

Have you ever heard that how you practice is how you will play during a game? During practices, I want to see a lot of hustle. You may not have any experience or only a little bit of experience playing baseball, but everyone can hustle.

We will practice 3-4 times a week until games begin. When we begin season play, we will reduce practices to once a week (unless we need to work on something prior to a game).

Try to arrive at practice 15 minutes early to get settled, and ready to practice.

Game Days

Games are scheduled to begin on or following April 11, 2016. When games begin, we will practice once a week.

Please make every effort to arrive at the field 45 minutes before game time.

Please make sure that your player is wearing his cup, uniform and has all of his baseball

Please make sure that you have your equipment at every practice.

We will make every effort to keep your Saturdays, Sundays and Wednesday days free from practices.

equipment.

Any player who is not present at the start of the game would be counted as an out if he came up to bat in the lineup prior to his arrival to the game.

At the end of the season, Star-town will participate in All-Star tournaments.

Volunteer Opportunities

We will be selling Discount Cards again this season. The money raised from the sale will go for improvements and upkeep of Big Red Park. Each player will be asked to sell 3 cards.

Snack schedules will be provided soon. Parents are asked to bring a snack and drink for each player. We have 12 players.

Parents will be asked to volunteer their time this year in the concession stand. Our coverage times will not be during one of our games. Our hope is to schedule coverage for either the game before or after our game. There will be more to come about concession coverage.



"Trust me, Harold. I'm getting better every day. I can do this. You're not still angry about yesterday, are you, Harold?"

If your child is selected to play on the All-Star team, the first tournament will occur around the last 2 weeks of June and the first part of July.

